

## 2000 California Teen Eating, Exercise and Nutrition Survey (CalTEENS)

**Table 19: Consumption of Other Milk Products by California Adolescents**

How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?

How many times did you have yogurt yesterday, not including frozen yogurt?

How many times did you have dairy desserts yesterday, such as frozen yogurt, ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?

	Consumption of Other Milk Products <sup>1</sup> , Percent of Adolescents				
	Any Cheese	Any Yogurt	Dairy Desserts, Consumption <sup>1</sup>		
			0	1	2+
<b>Total</b>	<b>65</b>	<b>12</b>	<b>55</b>	<b>36</b>	<b>8</b>
<b>Gender</b>					
Males	64	11	56	36	8
Females	66	13	55	37	8
<b>Ethnicity</b>					
White	70 **	13 **	55	38	7
African American	68	5	58	31	11
Latino	59	15	56	35	9
Asian/Other	63	6	51	38	11
<b>Gender by Age</b>					
<b>Males</b>					
12-13	60	14	50	44	6 *
14-15	63	12	54	35	10
16-17	71	8	63	29	8
<b>Females</b>					
12-13	64	17	55	35	10 *
14-15	64	13	48	41	11
16-17	69	10	62	34	4
<b>Smoking Status</b>					
Non-Smokers	65	13	56	36	8
Smokers	69	6	52	36	11
<b>Physical Activity Status</b>					
Regular	66	11 **	55	36	8
Irregular	61	18	57	35	8
<b>Overweight Status</b>					
Not at Risk	67	13	54	37	9 *
At Risk/Overweight	61	11	60	35	5

<sup>1</sup> Each "time" cheese, yogurt and dairy desserts were reported, it was assumed to equal one serving.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Some numbers may not add to 100 percent due to rounding.

Chi Square Test

\* p<.05

\*\* p<.01